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To: 'Parkshat Laxminarayan'; 'Jennifer Marsden'
Cc: 'Charlotte Fraser'; travel@pilot-pr.com
Subject: FW: The AboutMyGeneration October Newsletter

Sent: Thu 11/10/2012 12:25

About My Generation

Information, Inspiration, Motivation



Hello and welcome to the AboutMyGeneration October Newsletter

With most people back from their holidays it's time to start thinking about going away next year so there are a number of ideas in this month's newsletter for both long haul destinations and places closer to home.

Liz Gill has been to Abu Dhabi and finds both a rich heritage and an exciting future and I have been to Amsterdam, a city that never ceases to inspire and entertain the visitor.

Jane Egginton has been to the Lake District with her son in search of Peter Rabbit, and Rupert Parker has been listening to some cool music at the Tangiers Music Festival in Morocco. By coincidence the country is also the start of a new tour introduced by Ramblers worldwide a train journey from Marakech to Madrid called 'The Moorish Trail'.

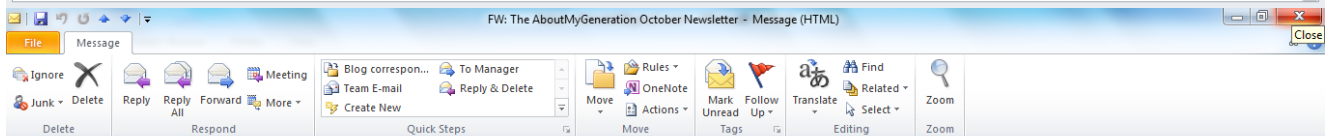
For people looking for trips to exotic places we have the story of Pank Laxminarayan, Founder of Enchanting-Travels who talks to our sister site The Cultural Voyager about how he built his highly successful tour company which offers travellers unique cultural experiences.

If you are looking for restaurants with an Asian twist to celebrate a birthday or anniversary then there are reviews of Minako at the Met complete with a view of London from 23 floors up and Inamo which combines some excellent food with a novel way of ordering it. And to help you cook better food at home we have added some more chefs to our 'Top Tips from Top Chef's feature

We have news of what to look out for food and drink wise this autumn with a roundup of fresh new products and if you are tempted to eat too much there is some good advice on how to stay in shape. One of the best ways to keep fit is gardening and there is a new article about tulips in Pat Richardson's series 'Clippings from a Small Garden' to help you decide what to plant.

To get away from the bad weather we seem to have been enjoying recently London's Theatre Land offers a great feel good factor and an escape from the rain, so check out this month's tempting offers for plays and musicals at the AMG Theatre Club.

If you are looking for friendship, or maybe more, then AMG's over 50s dating site, The Later Dater, could be just the place to find that special someone. www.thelaterdater.com



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The Enchanting-Travels Story

Parik Laxminarayan, Founder of Enchanting-Travels, talks to The Cultural Voyager about how he built his company which offers travellers unique cultural experiences

It was a cold, dreary winter day in Buenos Aires, Argentina where I had just landed with my wife and 8-month old baby. Having been pre warned, we expected chaos outside the airport but this paled in comparison to what we were used to in India and we boarded the taxi with a sense of excitement. I was about to embark on the next phase of a thrilling entrepreneurial journey to build Enchanting-South America and my mind was filled with the same fears and questions: how would I build a team, how would I find an office, how would I incorporate the company, would I be able to replicate our business model in South America, would we go bankrupt with this project, would I be able to manage the daunting task of doing this all over again?



Of course, I had done all of this before – twice: once in 2004 to set up Enchanting-India with my partner and friend from business school, Alex Metzler and again in 2006 when we set up Enchanting-Africa in partnership with Florian Keller, a man who I call the 'walking encyclopaedia on Africa.' Only this time was different – I was alone and didn't speak a word of Spanish!

To read all of Parik's story on The Cultural Voyager click [here...](#)

Peter Morrell tries this restaurant where the food is as extraordinary as the way that you order it

The change in London's food scene over the last 20 years from culinary ugly duckling to elegant white swan has been truly remarkable. This metamorphosis is due in no small part to the influence of Asian cooking and specifically restaurants like Inamo.



Inamo is situated at the posh end of Regent Street down by Pall Mall so it is a pleasant part of town. The front part of the restaurant itself is in traditional Japanese tea house style, partitioned to make the eating area quite cosy. Our table was next to a floor to ceiling window that looked out onto a side street and sliding door in front of the window gave us privacy while we were eating and a view when we weren't. The rear of the restaurant, which is more open, has a Japanese vertical garden with a stone waterfall and is equally as restful.

To read the full review click [here...](#)

The Later Dater - Join for free

AMG's over 50s friendship and dating site gives you access to 150,000 members

The Later Dater website is aimed specifically at people over 50 who are looking for romance, friendship, love and companionship. There are already more than 150,000 members and the site is available throughout the UK.

